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## 2023-24 ACADEMIC COURSES

### BIO 110 : INTRO. TO EXERCISE SCIENCE

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In this course, students will be introduced to the field of exercise science. The areas of exercise physiology, motor control, biomechanics, athletic training, and exercise psychology will be presented. Careers open to exercise science students will be explored.

**Level I Prereq:** Academic Reading and Writing Levels of 6

Description	Hours
Credits	3
Lecture Hours	45
Clinical Hours	0
Lab Hours	0
Other Hours	0
Total Hours	45

Accurate as of 09/27/2023 Information is subject to change without notice.