

2021-22 ACADEMIC COURSES

BIO 225 : TESTS & MEASURE IN EXER SCIENC

In this course, students will integrate and apply the principles learned in the prerequisite courses. Students will learn to evaluate the strengths and weaknesses of scientific research in the field of exercise science, gain practical experience and expertise with widely used measuring instruments of physical performance and body composition and may choose to take the external certification examinations for personal trainer and health/fitness instructor.

Level I Prereq: Academic Reading and Writing Levels of 6; BIO 110 and BIO 111 and BIO 201 and MTH 160; minimum grade "C" for all BIO and MTH requirements; BIO 111 and MTH 160 may enroll concurrently

| Description | Hours |
|----------------|-------|
| Credits | 3 |
| Lecture Hours | 30 |
| Clinical Hours | 0 |
| Lab Hours | 45 |
| Other Hours | 0 |
| Total Hours | 75 |

Accurate as of 03/03/2021 Information is subject to change without notice.

Class offerings by semester

Swipe left to see full chart