
2021-22 ACADEMIC COURSES

CUL 234 : VEGETARIAN AND VEGAN CUISINE

In this course, students will explore healthy cooking techniques re-interpreting the center of the plate focus to meet the growing demands of health-conscious diners of today. Emphasis on the application of nutrition principles for various diets and food trends are discussed and prepared. Topics including ingredient substitutions, ingredient alternatives, and inspiration of vegetarian friendly international cuisines will provide awareness to the approach of healthy cuisine.

Level I Prereq: Academic Reading and Writing Levels of 6; CUL 120 minimum grade "C"

Description	Hours
Credits	2
Lecture Hours	0
Clinical Hours	0
Lab Hours	60
Other Hours	0
Total Hours	60

Accurate as of 10/21/2021 Information is subject to change without notice.