
2023-24 ACADEMIC COURSES

HSC 138 : GENERAL & THERAPEUTIC NUTRITION

This course presents normal nutrition and its relationship to health. It includes a study of the nutrients and nutrition planning guides. Nutritional needs throughout the lifecycle are studied. Concepts of general nutrition are applied to various diet therapies prescribed from common disease states in clinical practice. This course contains material previously taught in HSC 118 and HSC 128.

Level I Prereq: Academic Reading and Writing Levels of 6

| Description | Hours |
|--------------------|--------------|
| Credits | 2 |
| Lecture Hours | 30 |
| Clinical Hours | 0 |
| Lab Hours | 0 |
| Other Hours | 0 |
| Total Hours | 30 |

Accurate as of 02/03/2023 Information is subject to change without notice.