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## 2024-25 ACADEMIC COURSES

### **HSC 139: GENERAL & THERAPEUTIC NUTRITION**

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In this course, students will explore the fundamentals of nutrition and its relationship to health. The course includes a study of nutrients and nutrition planning guides. Nutritional needs throughout the lifecycle will also be addressed. Students will apply concepts of general nutrition to various diet therapies prescribed from common disease states in clinical practice. This course contains material previously taught in HSC 138. Level I Prerequisite: Academic Reading and Writing Levels of 6

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<b>Description</b>	<b>Hours</b>
Credits	3
Lecture Hours	45
Clinical Hours	0
Lab Hours	0
Other Hours	0
Total Hours	45

Accurate as of 11/19/2024 Information is subject to change without notice.